

- intersectionality of identities in oppression and privilege
  - changes all practice done by you because it changes your place in the world
- identities aren't set and can be played with (e.g. recontextualization and removing yourself from it)
- your privilege informs your view of all bodies
- decolonizing can start with one small (e.g. left-handed items) problem and unfold from there
- public bathrooms are weird (anecdote from me: I didn't know that gendered toilets were the norm in schools until I was 9 and a classmate told me I had effectively been using the boys toilet even though I am a girl for 3 years. It just made sense to me that all public toilets had stalls and pissoirs)
- how do you intervene/disturb the system you live in?
- emotional connection to non-human bodies
- How is your "I" part of your practice, even if your work isn't directly personal?
- relativity of time through identity
- research through curiosity
- capitalism makes you hate your human self
- collaboration and alliances strengthen your power through more intersectionality