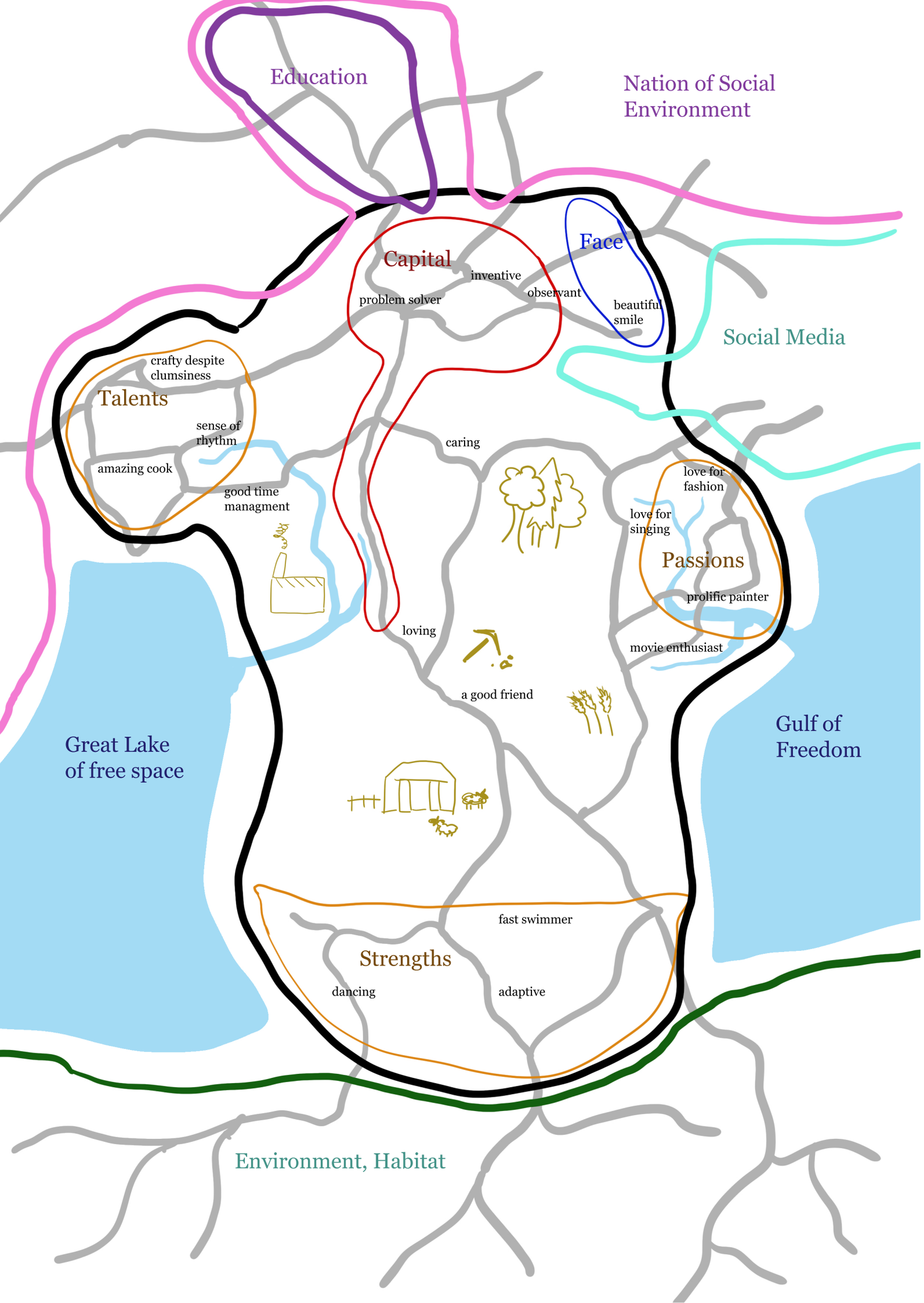

Subjective road map of the value of abilities and the body

This is a mapping of a body imagined as a land. The land is divided in separate cities, lands, area's, villages and rivers that represent a part of the body that has it's own value, function and strength. The reading of the body is considered from a very positive and objective observation.

This map will help you to focus on what a body (and mind) is able to accomplish or do, with or without disability or special needs. With this map you'll be able to understand the value of the body while studying separate parts of the body that all have their own functionality

There are borders, that separate the inside and outside of the body. The big black border represents the body's skin. Inside there's the capital, represents the body's mind (the brain). Other parts like the arms, hand and legs are parts of the body that make us able to do things, go somewhere, practise our talents. Into the map the arms, legs are taken as very important and high in value, consider those body parts into the areas 'strengths', 'passions' and 'talents'.